

(This form is to be completed by the staff with patient input)

FITZPATRICK Skin Type Classification = TYPE _____

SCORE		0	1	2	3	4
	What is the natural color of your hair?	Sandy red	Blond	Chestnut, dark blond	Dark brown	Black
	What is the eye color?	Light blue, Gray, Green	Blue, Gray, Green	Blue	Dark Brown	Brownish Black
	What is the color of sun unexposed skin areas?	Reddish	Very pale	Pale with beige tint	Light brown	Dark brown
	How many freckles on unexposed skin areas?	Many	Several	Few	Incidental	None
	What happens when you are in the sun TOO long without sunblock?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns, sometimes followed by peeling	Rarely burns	Never had a problem
	How well do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easily	Turn dark very quickly
	Do you turn brown within one day of sun exposure?	Never	Seldom	Sometimes	Often	Always
	How does your face respond to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem
	Your last exposure to the sun or artificial sun treatments?	More than 3 months ago	2-3 month ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago
	Do you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always
SKIN TYPE TOTAL						

- 00-07 points = Skin type I
- 08-16 points = Skin type II
- 17-25 points = Skin type III
- 25-30 points = Skin type IV
- 30-40 points = Skin type V & VI

Glogau photo damage classification system = TYPE _____

- Group 1 patients are younger & have minimal photo-aging which is amenable to treatment with superficial peels.
- Group 2 patients have moderate signs of sun damage and are excellent candidates for medium-depth peels.
- Group 3 patients have advanced photo-aging and require at least a medium depth to deep peel for improvement, but may also benefit from targeted fractional resurfacing.
- Group 4 patients have severe photo-damage, so a combination approach consisting of surgical lifting, J-plasma, and medium to deep chemical peeling will best address rejuvenation needs.

Type	Age range (years)	Photo-damage
I - Mild	Usually 28-35	Little or no wrinkling No actinic keratosis Little or no need for make-up
II - Moderate	Usually 35-50	Early wrinkling Early actinic keratosis Need for make-up; sallow color
III - Advanced	Usually 50-65	Persistent wrinkles Actinic keratosis Always uses make-up Yellow discoloration and telangiectasias
IV - Severe	Usually 60 to ≥75	Wrinkle at rest Actinic damage Always uses make-up, but with poor coverage

Patient Name (print): _____

I have reviewed the responses of the client to confirm accuracy of the 2 classifications systems.

Staff Signature: _____ Date: ____/____/____